

# Performance Success: Performing Your Best Under Pressure (Theatre Arts)

By Don Greene

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By Don Greene

*Performance Success* teaches a set of skills so that a musician can be ready to go out and sing or play at his or her highest level, working with energies that might otherwise be wasted in unproductive ways. This is a book of skills and exercises, prepared by a master teacher.

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
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- Sales Rank: #150159 in eBooks
- Published on: 2012-11-12
- Released on: 2012-11-12
- Format: Kindle eBook

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### Editorial Review

About the Author

**Don Greene, Ph.D.** is a sports psychologist who has worked with groups as diverse as the US Olympic Diving Team, police departments, and opera companies. He is the author of *Audition Success*, also published by Routledge, and *Fight Your Fear and Win* (Broadway Books). He teaches at the Juilliard School of Music in New York.

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