



## Lessons in Lingerie: Finding Your Perfect Shade of Seduction

By *Rebecca Apsan*

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**Lessons in Lingerie: Finding Your Perfect Shade of Seduction** By *Rebecca Apsan*

It's the essential guide to dressing to undress, from the basics of bras, panties, slips, and shapewear to the sexy extremes of corsets, sheer chemises, balconets, and bustiers?perfect for the tens of millions of fans of *Fifty Shades of Grey* who are now wondering what to wear. Written by lingerie expert *Rebecca Apsan* ("the best bra-fitter in the country"?*New York* magazine), *Lessons in Lingerie* covers it all: The revelation of a properly fitted bra. How to cultivate your inner coquette. How to look ten pounds thinner. What works under a clingy dress or a sheer white blouse. The basics of shopping, cleaning, organizing. And Ms. Apsan's manifesto for change: Stop wearing underwear!

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### **Editorial Review**

#### **Review**

“Rebecca Apsan makes ‘unmentionables’ addictively mentionable.”

?Dany Levy, founder of DailyCandy

#### **From the Back Cover**

#### **THE TOPS-TO-BOTTOMS PROGRAM FOR TRANSFORMING YOURSELF FROM THE INSIDE OUT**

Both a sassy manifesto for self-discovery and a guide to everything lingerie, this book sparkles with inspiration, encouragement, and practical advice from celebrated lingerie expert Rebecca Apsan. (Daily Candy founder Dany Levy: "If anyone knows lingerie, it's Rebecca. She makes 'unmentionables' addictively mentionable.") For all women-no matter your age, dress size, shape, or personal style-here's the what to buy, the how to wear it, even the why to wear it: because you'll look fantastic... and feel great about yourself.

#### **About the Author**

Rebecca Apsan turned her childhood love of drawing and making pottery into a passion for transforming the female form with the most beautiful lingerie available. And so La Petite Coquette, her destination lingerie store in New York City, was born. Now the foremost authority on the subject, she is sought out by stylists looking for the perfect something for their celebrity clients, by magazines searching for insight into trends, and by women from around the world who want to look great and feel better. Rebecca divides her time between New York City and Fire Island, New York.

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As people who live in often the modest era should be up-date about what going on or information even knowledge to make these individuals keep up with the era which is always change and advance. Some of you maybe will probably update themselves by studying books. It is a good choice for yourself but the problems coming to you is you don't know which one you should start with. This Lessons in Lingerie: Finding Your Perfect Shade of Seduction is our recommendation to help you keep up with the world. Why, because this book serves what you want and wish in this era.

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