



Inspired Nurse

By Rich Bluni

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Remember your first day as a nurse? You thought, What a privilege to do this work! It's true. Few other professions afford the opportunity to impact lives on such a profound level, not only physically but emotionally and spiritually as well. Yet the same qualities that make nursing so deeply rewarding can also make it a challenge, over time, to sustain your energy and passion. Inspired Nurse helps us maintain and recapture those elusive qualities. In this thought-provoking workbook, Rich Bluni, RN reminds nurses and all healthcare employees why we chose this profession. He provides a wealth of action-oriented "spiritual stretches" that help us more fully integrate the gifts of nursing- joy, wonder, gratitude, insight and grief - into our daily lives. Rich Bluni's personal stories illuminate those sacred moments we all experience. Inspired Nurse is a welcome validation that when we stay engaged and committed, we're more likely to provide extraordinary patient care in terms of both clinical outcomes and human compassion.

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Editorial Review

Review

Wow! Every single inspired destination touched my heart. I loved how diverse the "truths" are in each of the stories. Regardless your race, culture, or religion there is going to be one, two, or ten take aways. --David Zambrana, University of Miami Hospital

I laughed, I cried, I was proud to be a nurse. --Pauletta Thomas, Blue Ridge Health

My heart and head were stimulated by the stories. This book is a gift to any nurse who has been on the front lines. My focus has been resharpened and my passion re-ignited. --Linda Deering, Sherman Health

About the Author

Rich is a Studer Group expert coach assisting healthcare organizations in implementing the Evidence-Based LeadershipSM framework, a national speaker and the author of Inspired Nurse. He brings a strong knowledge base of healthcare operations coupled with the ability to articulate the passion partners expect from Studer Group. Rich has more than 16 years of clinical, legal, risk management, patient safety and nursing management experience. With clinical experience in a broad range of areas such as Pediatric Intensive Care, Trauma Intensive Care, Behavioral Health and Emergency Medicine, Rich understands the challenges, joys and value of purpose, worthwhile work and making a difference in healthcare. Rich believes that: "The passion healthcare workers have for their profession is rivaled only by the tremendous difference that they make in the lives of the people that they touch. It is through the minds and hands of these special human beings that suffering is alleviated, comfort is brought and human excellence is exemplified."

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