



# Along the Path to Enlightenment: 365 Daily Reflections from David R. Hawkins

*By David R. Hawkins M.D. Ph.D.*

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As a mystic, Dr. Hawkins has infused the truths found in the precepts of Western religion with the core of Eastern philosophy, bridging the familiar, physical world to the nonlinear, spiritual domain.

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**Along the Path to Enlightenment: 365 Daily Reflections from David R. Hawkins** By David R. Hawkins M.D. Ph.D. **Bibliography**

- Sales Rank: #396102 in Books
- Published on: 2011-02-01
- Released on: 2011-02-01
- Original language: English
- Number of items: 1
- Dimensions: 6.00" h x .57" w x 6.00" l, .42 pounds
- Binding: Paperback
- 224 pages

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#### Review

A wonderful little book, suitable for anyone wishing to deepen their spiritual understanding. YOGA magazine

#### About the Author

**Sir David R. Hawkins, M.D., Ph.D.**, is an internationally renowned psychiatrist, consciousness researcher, spiritual lecturer, and mystic. Author of more than eight volumes, including the bestseller *Power vs. Force*, Dr. Hawkins's work has been translated into more than 17 languages. Dr. Hawkins has lectured at Westminster Abbey, the Oxford Forum, the University of Argentina, Notre Dame, Stanford, and Harvard. He has also served as advisor to Catholic, Protestant, and Buddhist monasteries.

**Scott Jeffrey** is the author of numerous books, including *Creativity Revealed: Discovering the Source of Inspiration*. He is the authorized biographer for Dr. David R. Hawkins.

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