



What About Me? A Guide for Men Helping Female Partners Deal with Childhood Sexual Abuse

By Grant Cameron

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This is a book for the silent sufferers - the millions of men worldwide who are helping female partners recover from the trauma of childhood sexual abuse. What About Me? will help men understand the issues surrounding childhood sexual abuse and prepare them for the rocky journey through the healing process with a survivor. It will help them understand why women who are healing say and do certain things. It will also give them a better understanding of their own actions and feelings.

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Editorial Review

Review

I constantly review books looking for those I can highly recommend and certainly yours will be at the top of my list...I can't tell you how pleased I am at the quality of the information you have provided. There are so many people out there who desperately need to read what you have written. -- *Linda Halliday-Sumner Sexual Abuse Consultant*

I found the book to be informative and easy to read. It was very good in describing the feelings that partners of survivors experience while helping a survivor to heal from the painful and devastating experience of childhood sexual abuse... From my past experience working with partners of survivors I would highly recommend this book to them. -- *Maria Wallenius, Co-ordinator of the Sexual Assault Centre of Nipissing*

From the Publisher

What About Me? is the end result of the traumatic and trying times journalist Grant Cameron encountered while helping his wife Liz deal with her abusive past. Throughout, Grant talks openly about sex, suicide, dealing with anger, handling nightmares and gaining trust.

About the Author

Grant Cameron is a columnist. He has worked for many newspapers and has won several awards for his thought-provoking journalism.

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