



# Preventing Sudden Death In Sport And Physical Activity

By Douglas J. Casa

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Published in Cooperation with the American College of Sports Medicine (ACSM), Preventing Sudden Death in Sport and Physical Activity examines the etiology, prevention, recognition, treatment, and return-to-play protocol of the common causes of sudden death in sport. Chapters are written by content area experts, offering a blend of clinical, scientific, and research expertise regarding each medical condition that is discussed. Sudden death on the field is a growing concern in sport and physical activity. This groundbreaking text arms readers with the knowledge and skills they need to make the correct decision when confronted with an emergency situation. Eleven of the top causes of death in sport are addressed: heart disease congenital cardiac conditions commotio cordis exertional heat stroke exertional hyponatremia head injuries cervical spine injuries lightning asthma exertional sickling traumatic injuries Instructor Resources Instructors will have access to numerous problem based learning scenarios (PBLs), complete with staged-out instructional implementation, questions, and grading. These PBLs cover the range of topics from the book. Additionally, more PBLs will be added as they are developed. PowerPoint Lecture Outlines are also available for adopters of the text.

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