



# Enter Mo Pai: The Ancient Training of the Immortals

By Mr James Van Gelder



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This book is for the seekers. It is for those who have a true interest in uncovering the mysteries surrounding the mechanics behind the ancient training of Mo Pai.

*From the Back Cover*

*Enter Mo Pai: The Ancient Training of the Immortals* dives into the world of Mo Pai, a legendary internal cultivation system that has been secretly handed down by successions of meditation masters for well over 2,000 years. The path of Mo Pai develops the practitioner in the present life, but also ascends the practitioner in status with regards to the afterlife. In the present life, the goal of Mo Pai is to develop supernatural abilities capable of aiding an individual both in self-defense and in the rejuvenation of the physical body. Concerning the afterlife, the true master of Mo Pai reserves the ability to consciously navigate their soul after the death of the physical body, freeing themselves from the continuous cycle of death and rebirth.

The greatest Mo Pai practitioner on Earth today, Master John Chang, has publicly displayed his extraordinary developments to the world by performing many spectacular abilities on video such as *electrokinesis, pyrokinesis, levitation, suspended animation, and telekinesis*.

In order to attain supernatural capacities, this ancient training augments the innate potential of the human body through gathering and harnessing the two fundamental life-force energies known as Yin Chi and Yang Chi. These two energies are abundant in nature and play an important role in sustaining the human body. Developing these vital energies to levels that many would consider unnatural, the Mo Pai student quickly gains an edge when compared to the average human.

Included in this book is an analysis of the Mo Pai training and the techniques used for gathering, manipulating, and finally combining the two fundamental vital energies of Yang Chi and Yin Chi.

**Analysis of:**

- Level 1
- Level 2
- Level 3
- Level 4
- Levels 5-72

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### **Editorial Review**

#### **About the Author**

JAMES VAN GELDER has studied energy cultivation from various avenues including Western Hermetics, Daoist Energy Cultivation/Nei Gong, Tibetan Buddhist Alchemy, and the systems of Indian Kundalini Yoga.

#### **Foreword**

Derrick Arnold: Internal martial arts instructor, herbalist, academic, and author. *Editions printed before 11/07/15 will not have the foreword included.*

#### **Editorial Reviews**

“Well researched training manual that references a variety of Mo Pai masters, with visuals and quotes. It is a great tool for any student looking to embrace the practice of Mo Pai. Van Gelder introduces four levels in depth, and describes briefly, the other 72 levels, so that one will know the challenges and advantages of Mo Pai. Follow the steps closely, and one will truly achieve a degree of Mo Pai mastery.”

*(Julie Moree's News Watch, March 2015)*

“I thoroughly enjoyed this read! Ancient wisdom is timeless. It teaches us what we are reawakening to as a society; we are spiritual beings and once we realize that our existence far exceeds the confines of the physical, our potential and our power can be limitless. The author does a great job of summarizing the experiences of Jim McMillan and John Chang. This book can serve as the perfect companion piece to these readings outlined in this work. For those who are complete novices, the book can also be a great introduction because it outlines these practices in a way that is easily accessible to a wide audience. Enter Mo Pai does an excellent job highlighting the levels that will lead one to immortality. There are concepts present that defy physical explanation that are introduced. These ancient concepts are interesting, intriguing and challenge the modern day perception of reality.”

*(Tiffany Newborn MBA, Author of The Staff of Tzaddi, May 2015)*

### **Users Review**

#### **From reader reviews:**

#### **Colleen Harman:**

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**Esther Tackett:**

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**Jan Dixon:**

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**Debra Davin:**

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