



Winning Balance: What I've Learned So Far about Love, Faith, and Living Your Dreams

By Shawn Johnson

Download now

Read Online 

Winning Balance: What I've Learned So Far about Love, Faith, and Living Your Dreams By Shawn Johnson

At age 20, American gymnast Shawn Johnson is a four-time Olympic gold and silver medalist; a national- and world-champion athlete. Already a popular role model to all ages, in 2009 she captured the national spotlight again when she won the widely popular *Dancing with the Stars*. Yet Shawn is no stranger to hard work and adversity. Her loss of the major gymnastics prize everyone expected her to win in Beijing, the all-around Olympic gold medal, was the loss of a dream she'd worked for since childhood. And later, she suffered a staggering injury in a skiing accident that forced her life to a halt and made her rethink what was really important. She wasn't sure who she was anymore. She wasn't sure what her goals were. And she wasn't sure she was satisfied with where she was with her faith and God. Could she find the right kind of success in life?the kind that doesn't involve medals or trophies, but peace, love, and lasting joy? This is the amazing true journey of how the young woman who won an Olympic gold medal on the balance beam became even more balanced.

 [Download Winning Balance: What I've Learned So Far about ...pdf](#)

 [Read Online Winning Balance: What I've Learned So Far abou ...pdf](#)

Winning Balance: What I've Learned So Far about Love, Faith, and Living Your Dreams

By Shawn Johnson

Winning Balance: What I've Learned So Far about Love, Faith, and Living Your Dreams By Shawn Johnson

At age 20, American gymnast Shawn Johnson is a four-time Olympic gold and silver medalist; a national- and world-champion athlete. Already a popular role model to all ages, in 2009 she captured the national spotlight again when she won the widely popular *Dancing with the Stars*. Yet Shawn is no stranger to hard work and adversity. Her loss of the major gymnastics prize everyone expected her to win in Beijing, the all-around Olympic gold medal, was the loss of a dream she'd worked for since childhood. And later, she suffered a staggering injury in a skiing accident that forced her life to a halt and made her rethink what was really important. She wasn't sure who she was anymore. She wasn't sure what her goals were. And she wasn't sure she was satisfied with where she was with her faith and God. Could she find the right kind of success in life?the kind that doesn't involve medals or trophies, but peace, love, and lasting joy? This is the amazing true journey of how the young woman who won an Olympic gold medal on the balance beam became even more balanced.

Winning Balance: What I've Learned So Far about Love, Faith, and Living Your Dreams By Shawn Johnson **Bibliography**

- Sales Rank: #159406 in Books
- Brand: Tyndale House Publishers
- Published on: 2013-04-01
- Original language: English
- Number of items: 1
- Dimensions: 8.10" h x .75" w x 5.50" l, .60 pounds
- Binding: Paperback
- 272 pages



[Download Winning Balance: What I've Learned So Far about ...pdf](#)



[Read Online Winning Balance: What I've Learned So Far abou ...pdf](#)

Download and Read Free Online *Winning Balance: What I've Learned So Far about Love, Faith, and Living Your Dreams* By Shawn Johnson

Editorial Review

Review

"Four-time Olympic gold and silver medalist Shawn Johnson narrates her memoir with charm, vigor, and youthful eloquence. She sincerely portrays her belief that everything happens for a reason and all things happen for the good when you walk by faith. In a soft, mellow voice she characterizes herself as part "nerd, tomboy, and girlie girl." Her tone changes to one of thoughtful conviction when she describes her purpose in writing: to reflect on lessons learned. Specific examples include the disappointment of losing the gold medal in Beijing, the drama of a potentially career-ending ski injury, and the excitement of her surprise flirtation with Hollywood stardom when she won "Dancing with the Stars" in 2009. A section called "Lessons I've Learned" ends each chapter. Johnson's story and narration engage and inspire."

G.D.W. © AudioFile Portland, Maine

From the Inside Flap

What the World Is Saying about Shawn Johnson "Perhaps the best gymnast in the world--a compact, powerful package who is just as at home on the beam and bars as she is in the vault and floor events. . . . Shawn Johnson has an easy smile and confidence and rarely betrays the nervousness she says she feels at every competition." --"Time" magazine "She packs the power of someone twice her size yet somehow manages to still look dainty. She tumbles without fear, whether it's on the floor or up on the balance beam, and makes the toughest tricks look easy. She's the type of gymnast one can't help but watch." --ESPN.com "A powerful tumbler and nerveless competitor . . . Johnson smiles and bubbles while competing-- a 4' 9" firecracker." --"Sports Illustrated" "Not only an extraordinary athlete, but also something altogether more profound and worthy of celebration: an uncommon human being . . . a young woman whose gifts stretch well beyond sports." --"The Christian Science Monitor"

From the Back Cover

The inspiring story of a pint-size American gymnast with a big smile and an even bigger heart

You've seen her perform gravity-defying gymnastics moves. You've seen her win Olympic medals in Beijing and the coveted mirror ball trophy on *Dancing with the Stars*. You've also seen her land on her feet?with her trademark smile?even when things haven't gone her way.

Despite achieving more success and celebrity in her first two decades than most people experience in a lifetime, things haven't been easy for Olympic gold medalist Shawn Johnson. Her first gymnastics coach told her family she lacked talent. Her modest upbringing in Iowa made elite competition unlikely. Although she won four medals at the Beijing Olympics, she was denied the big prize she'd dreamed of?the all-around gold medal. She had a terrifying experience with a stalker and would-be kidnapper. And after suffering a potentially career-ending injury, Shawn ultimately had to rethink what was truly important. What did she want most in life? What kind of success was worth pursuing? Would she ever find true faith, lasting hope, and real love?

In *Winning Balance*, for the first time Shawn reveals her journey so far: her against-the-odds quest to become a gymnastics world champion, her flirtation with Hollywood glamour, her growing faith, and her struggle to find herself. It's the full, behind-the-scenes story of how a young woman who won Olympic gold on the balance beam learned new lessons about balance? as well as love, faith, and what winning really means.

What the World Is Saying about Shawn Johnson

“Perhaps the best gymnast in the world? a compact, powerful package who is just as at home on the beam and bars as she is in the vault and floor events. . . . Shawn Johnson has an easy smile and confidence and rarely betrays the nervousness she says she feels at every competition.”

?*Time* magazine

“She packs the power of someone twice her size yet somehow manages to still look dainty. She tumbles without fear, whether it’s on the floor or up on the balance beam, and makes the toughest tricks look easy. She’s the type of gymnast one can’t help but watch.”

?ESPN.com

“A powerful tumbler and nerveless competitor . . . Johnson smiles and bubbles while competing? a 4' 9" firecracker.”

?*Sports Illustrated*

“Not only an extraordinary athlete, but also something altogether more profound and worthy of celebration: an uncommon human being . . . a young woman whose gifts stretch well beyond sports.”

?*The Christian Science Monitor*

Users Review

From reader reviews:

Brandon Li:

Reading can called head hangout, why? Because if you find yourself reading a book mainly book entitled Winning Balance: What I've Learned So Far about Love, Faith, and Living Your Dreams your mind will drift away trough every dimension, wandering in most aspect that maybe not known for but surely might be your mind friends. Imaging just about every word written in a publication then become one web form conclusion and explanation in which maybe you never get before. The Winning Balance: What I've Learned So Far about Love, Faith, and Living Your Dreams giving you yet another experience more than blown away your head but also giving you useful facts for your better life on this era. So now let us explain to you the relaxing pattern is your body and mind will be pleased when you are finished looking at it, like winning an activity. Do you want to try this extraordinary paying spare time activity?

Lynn Gowen:

Beside that Winning Balance: What I've Learned So Far about Love, Faith, and Living Your Dreams in your phone, it could give you a way to get closer to the new knowledge or data. The information and the knowledge you may got here is fresh through the oven so don't always be worry if you feel like an older people live in narrow small town. It is good thing to have Winning Balance: What I've Learned So Far about Love, Faith, and Living Your Dreams because this book offers to you readable information. Do you oftentimes have book but you don't get what it's exactly about. Oh come on, that would not happen if you have this with your hand. The Enjoyable set up here cannot be questionable, including treasuring beautiful island. Techniques you still want to miss it? Find this book and also read it from at this point!

German Montoya:

This Winning Balance: What I've Learned So Far about Love, Faith, and Living Your Dreams is brand-new way for you who has intense curiosity to look for some information given it relief your hunger of knowledge. Getting deeper you upon it getting knowledge more you know or perhaps you who still having little digest in reading this Winning Balance: What I've Learned So Far about Love, Faith, and Living Your Dreams can be the light food in your case because the information inside that book is easy to get through anyone. These books develop itself in the form that is reachable by anyone, that's why I mean in the e-book type. People who think that in book form make them feel sleepy even dizzy this guide is the answer. So there isn't any in reading a publication especially this one. You can find actually looking for. It should be here for an individual. So , don't miss the idea! Just read this e-book type for your better life along with knowledge.

Lori Parker:

As a student exactly feel bored in order to reading. If their teacher inquired them to go to the library or make summary for some e-book, they are complained. Just minor students that has reading's soul or real their leisure activity. They just do what the instructor want, like asked to the library. They go to presently there but nothing reading very seriously. Any students feel that studying is not important, boring in addition to can't see colorful pics on there. Yeah, it is to become complicated. Book is very important in your case. As we know that on this time, many ways to get whatever we want. Likewise word says, many ways to reach Chinese's country. So , this Winning Balance: What I've Learned So Far about Love, Faith, and Living Your Dreams can make you truly feel more interested to read.

Download and Read Online Winning Balance: What I've Learned So Far about Love, Faith, and Living Your Dreams By Shawn Johnson #8IYQVNMKRSB

Read Winning Balance: What I've Learned So Far about Love, Faith, and Living Your Dreams By Shawn Johnson for online ebook

Winning Balance: What I've Learned So Far about Love, Faith, and Living Your Dreams By Shawn Johnson Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Winning Balance: What I've Learned So Far about Love, Faith, and Living Your Dreams By Shawn Johnson books to read online.

Online Winning Balance: What I've Learned So Far about Love, Faith, and Living Your Dreams By Shawn Johnson ebook PDF download

Winning Balance: What I've Learned So Far about Love, Faith, and Living Your Dreams By Shawn Johnson Doc

Winning Balance: What I've Learned So Far about Love, Faith, and Living Your Dreams By Shawn Johnson MobiPocket

Winning Balance: What I've Learned So Far about Love, Faith, and Living Your Dreams By Shawn Johnson EPub

8IYQVNMKRSB: Winning Balance: What I've Learned So Far about Love, Faith, and Living Your Dreams By Shawn Johnson