

## Krause's Food & the Nutrition Care Process, 13th Edition

By L. Kathleen Mahan MS RD CDE, Janice L Raymond MS RD CD, Sylvia Escott-Stump MA RD LDN

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**Krause's Food & the Nutrition Care Process, 13th Edition** By L. Kathleen Mahan MS RD CDE, Janice L Raymond MS RD CD, Sylvia Escott-Stump MA RD LDN

The most respected nutrition text for more than 50 years, **Krause's Food and the Nutrition Care Process** delivers comprehensive and up-to-date information from respected educators and practitioners in the field. The latest recommendations include the new *MyPlate* guide, the *Dietary Guidelines for Americans 2010*, new and expanded chapters, and a large variety of tables, boxes, and pathophysiology algorithms, all providing need-to-know information with ease. New co-editor Janice L. Raymond joins L. Kathleen Mahan and Sylvia Escott-Stump and nearly 50 leading educators, researchers, and practitioners in writing a nutrition text that's ideal for use in class or everyday practice.

- **Expert contributors** include nearly 50 nationally recognized writers, researchers, and practitioners, each writing on their area of specialization.
- **Clear, logical organization** details each step of complete nutritional care from assessment to therapy.
- **UNIQUE! Pathophysiology algorithms** clarify the illness process and to ensure more effective care.
- **New Directions boxes** reflect the latest research in emerging areas in nutrition therapy.
- **Focus On boxes** provide additional detail on key chapter concepts.
- **Clinical Insight boxes** and **Clinical Scenarios** with detailed Sample Nutrition Diagnosis statements help ensure the most accurate and effective interventions in practice.
- **Key terms** listed at the beginning of each chapter and bolded within the text provide quick access to important nutrition terminology.
- **More than 1,000 self-assessment questions** on a companion Evolve website reinforce key textbook content.
- **New recommendations** reflect a comprehensive approach to diet and nutrition that incorporates the USDA's *MyPlate* guide, the *Dietary Guidelines for Americans 2010*, and the *Eating Well with Canada's Food Guide* recommendations.

- **Reorganized table of contents** reinforces the Nutrition Care Process structure endorsed by the American Dietetic Association (ADA).
- ***MNT for Thyroid Disorders* chapter** details important nutrition considerations for managing thyroid disorders.
- **New calcium and vitamin D Dietary Recommended Intakes (DRIs)** improve monitoring of nutrient intake.
- **Expanded *Nutrition in Aging* chapter** includes assessment and nutritional care guidelines for the growing elderly patient population.
- **Growth grids for children** detail proper patient nutrition during infancy and early childhood.
- **Extensively revised *MNT for Food Allergies* chapter** highlights the importance of food allergy management in clinical nutrition therapy.
- **Updated appendices** enhance assessment accuracy with the latest laboratory findings and normal values.

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## **Editorial Review**

### About the Author

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#### **Nancy Lowery:**

Exactly why? Because this Krause's Food & the Nutrition Care Process, 13th Edition is an unordinary book that the inside of the e-book waiting for you to snap it but latter it will distress you with the secret that inside. Reading this book adjacent to it was fantastic author who else write the book in such amazing way makes the content on the inside easier to understand, entertaining way but still convey the meaning thoroughly. So , it is good for you because of not hesitating having this anymore or you going to regret it. This phenomenal book will give you a lot of advantages than the other book have such as help improving your ability and your critical thinking means. So , still want to postpone having that book? If I were being you I will go to the reserve store hurriedly.

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#### **Hattie Robb:**

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