



Hair Test Interpretation: Finding Hidden Toxicities

By Andrew Hall Cutler

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Hair Test Interpretation: Finding Hidden Toxicities is a practical book. The book starts out telling you how to interpret a hair test for mercury and other heavy metals. It provides a step by step discussion of this with figures to make this easy to do. It gives examples using actual hair test results from real people. Mercury interferes with how the hair element results come out ? mercury is often low and other minerals take unusual values. It is crucial for proper hair test interpretation to know how to recognize mercury's characteristic signature. Mercury often causes retention of certain minerals. Arsenic, antimony, tin, titanium, zirconium and aluminum are elements many people retain too much of when they really have a mercury problem. Hair tests are worth doing because a surprising number of people diagnosed with incurable chronic health conditions actually turn out to have a heavy metal problem. Heavy metal problems are easy to correct. Hair testing allows the underlying problem to be identified and the chronic health condition often disappears with proper detoxification.

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Editorial Review

From the Back Cover

This book shows how a hair test can be used to identify hidden toxicities that are causing intractable health problems. Dozens of examples are given of people who had been told they had something horrible but who turned out to be toxic. Many of these people got better through detoxification. Their cases are presented to highlight the basic principles of hair test interpretation explained in this book. Want to know why low hair mercury is not a good sign? Interested in whether high hair calcium means you should consume MORE calcium? Wondering how in the world zirconium gets in your hair? Wondering whether you should be concerned about your copper levels if you have gall bladder problems? Need to know how to detoxify uranium? This book will answer all your questions!

Hair Test Interpretation: Finding Hidden Toxicities

- Find out if you have a heavy metal problem
- Know the sources of exposure to heavy metals
- Learn what to do to detoxify each element
- Understand the secrets of interpreting a hair test

Find the information you need to take control of your health in this book!

About the Author

Andrew Cutler is a chemistry and engineering consultant in the Los Angeles area. He has a PhD in chemistry from Princeton, a BS in physics from the University of California, is a patent agent and a registered professional chemical engineer. His research has led to a number of publications in chemistry, chemical engineering and space related journals. He also has engaged in extensive self study in biochemistry and medicine due to assorted health problems coalescing into a devastating "mystery syndrome" his doctors were not able to cure - or even diagnose - for quite some time. After being able to work with his doctor to get better he decided to expand his professional activities to include writing about health topics.

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Useful information excerpted from Hair Test Interpretation: Finding Hidden Toxicities:

Potassium and sodium up with calcium and magnesium down means too much adrenaline but not enough cortisol. Potassium and sodium down with calcium and magnesium up means not enough cortisol, adrenaline and thyroid hormone. The usual blood tests won't identify problems in time to avoid prolonged misery. Children accumulate antimony much more readily than adults. Children with antimony problems don't like to be touched or looked at. Antimony is the flame retardant in children's pajamas, mattresses, and much carpeting and upholstery. Antimony causes heart problems. Hair is a good measure of antimony. Lead is associated with reduced intelligence, behavior problems, learning disabilities, ADHD, lazy eye (amblyopia) and developmental delays in children. Adults may experience cognitive decline, gout, high blood pressure, vision problems, miscarriages, depression, irritability and sleep disturbances. Lead reduces long term memory, mercury reduces short term memory. Bismuth may cause neurological and hormone problems. It is in many make-up preparations, stomach remedies and diaper rash balms. Silver toxicity causes emotional lability and "theatrical" behavior.. Intellectual impairment and digestive disturbances are also possible. Vision problems and sensitivity to small glasses prescription changes occur with silver and arsenic, while mercury only causes vision problems. High hair zinc usually indicates low body levels. Vegetarian diets and modern foods are low in zinc. High carbohydrate intake reduces zinc levels. Zinc deficiency causes intellectual impairment, growth failure and immune deficiency. 10% of today's children are believed to be

zinc deficient. Calcium levels in hair often move oppositely to body inventory. High hair calcium suggests calcium loss such as occurs in osteoporosis. People with high hair calcium often need to take more calcium.

Users Review

From reader reviews:

James Brown:

The publication with title Hair Test Interpretation: Finding Hidden Toxicities has lot of information that you can understand it. You can get a lot of gain after read this book. This book exist new expertise the information that exist in this reserve represented the condition of the world currently. That is important to you to understand how the improvement of the world. This book will bring you inside new era of the syndication. You can read the e-book on your smart phone, so you can read it anywhere you want.

Harold Houston:

Is it an individual who having spare time in that case spend it whole day by means of watching television programs or just resting on the bed? Do you need something totally new? This Hair Test Interpretation: Finding Hidden Toxicities can be the response, oh how comes? A fresh book you know. You are thus out of date, spending your free time by reading in this new era is common not a nerd activity. So what these publications have than the others?

Brandy Godwin:

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Delois Dionisio:

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