



# Cognitive Behavior Therapy in Clinical Social Work Practice, Second Edition

By Arthur Freeman EdD ABPP

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## Cognitive Behavior Therapy in Clinical Social Work Practice, Second Edition By Arthur Freeman EdD ABPP

The only comprehensive volume on cognitive behavior therapy written by social workers for social workers has now been completely revised and updated, with new chapters on the treatment of specific populations (such as LGBTQ individuals and the chronically mentally ill) and specific disorders (including PTSD, personality disorders, and self-injurious behavior).

Edited by a leading social work authority and a master CBT clinician, this new and expanded Edition of the Cognitive Behavior Therapy in Clinical Social Work Practice, provides the foundations and training that social workers need to master cognitive behavior therapy. The contributors ensure a thorough and up-to-date presentation of CBT techniques, covering the most common problems encountered when working with adults, children, families, and couples. This book is the only comprehensive volume on CBT written by social workers for social workers, and has been completely revised and updated to include all-new chapters on:

- Positive psychology
- Compassion fatigue
- PTSD
- Treating LGBTQ individuals
- Treating the chronically mentally ill
- Treating students in a college counseling center

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### **Editorial Review**

#### **About the Author**

Dr. Arthur Freeman is a senior faculty member of the University of Medicine and Dentistry of New Jersey, Robert Wood Johnson Medical School at Camden. He is also a member of the Department of Psychiatry at Cooper Hospital -- University Medical Center in Camden, New Jersey.

Rose DeWolf is a Philadelphia journalist, TV personality, and lecturer. Freeman and DeWolf coauthored *Woulda, Coulda, Shoulda*.

Tammie Ronen (PhD), is a social worker and an educational counselor. She is a professor and the head of the Bob Shapell School of Social Work at Tel Aviv University and the head of the research center for treating aggressive children and their parents. She is the past president of the Israeli Association for Behavior and Cognitive Therapies. She publishes widely in the area of CBT with children and lectures and trains groups internationally.

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