



Be The Cause: Healing Human Disconnect

By Judy Rosenberg

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A 9 step journey that takes you **FROM** your wounds of your past, **THROUGH** dismantling the cause of your current negative core beliefs, **TO** paradigm shifting into your future health. Whether you experience mild, moderate or severe systems of mental dis-ease, this book will help you “think like a shrink,” reconnect and **Be The Cause** of better outcomes for your life!

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Editorial Review

About the Author

Dr. Judy Rosenberg is founder of the Psychological Healing Center and creator of the **Be The Cause® Mind Map System** for Healing Human Disconnect. By helping people identify and dismantle the cause of mental dis-ease at its inception, Dr. Judy helps people shift their paradigm of psycho-perception and heal. Dr. Judy has been in private practice since 1993 and is currently seeing clients out of her offices in Sherman Oaks and Beverly Hills, California and continues to help people with various psychological issues. She also trains other professionals in her Mind Map System. She is the author of "Dr. Judy's Habit Breakers Stop Smoking Plan" and "Lucid Darkness". Dr. Judy and her host Walt Lusk have a weekly radio show titled "Dr. Judy WTF (What The Freud)!"

Users Review

From reader reviews:

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