



# The Forgotten Power of Rhythm : Taketina

By Reinhard Flatischler

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## The Forgotten Power of Rhythm : Taketina By Reinhard Flatischler

Reinhard Flatischler presents his revolutionary approach to rhythm in this book for both musician and layman. His TA KE IT NA work offers an experience of the interaction of pulse, breath, voice, walking and clapping which awakens our inherent rhythm in the most direct waythrough the body. The skills developed through TA KE TI NA can be transferred to any musical instrument and ultimately unfold into a deeper self awarenessand a new understanding of the many musical voices of our world. A great survey of world rhythms.

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## **The Forgotten Power of Rhythm : TAKETINA By Reinhard Flatischler Bibliography**

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### Editorial Review

#### Review

A powerful, innovative teaching for professional musicians or curious beginner. Through the author's training in many cultural traditions, he presents a deep understanding of the roots of rhythm. This is about finding deeper self awareness through experiencing rhythm in the body. Rhythm is shown to be a central, inherent power in all human beings, connecting us to ancient wisdom, all life, our own essence. Reinhard shares his own fascinating transformative journey but sticks to the focus of the book, teaching. In this book you'll find a clear map of the world of rhythm from a multi-cultural perspective along with experiential exercises so you learn with your body as well as your head. A companion tape or CD demonstrates rhythmic structures discussed in the book. Also available are recordings of diverse ethnic rhythm styles, workshops and trainings. -- *Heartsong Review*

To many musicians, rhythm is something that is done by the hands and/or feet, representing mathematical divisions. But as Reinhard Flatischler makes clear in this engrossing study, rhythm is an internal force that exists in the foundations of life (breathing and heartbeat) and is best experienced through movement and vocal sounds. One quickly discovers that being able to feel rhythm through the entire body gives musical performance (especially drumming) a great deal of conviction. The book combines historical and cultural information about rhythm with exercises designed to make one more aware of rhythmic pulse and subdivision. Some of the material is based around the Indian system of assigning syllables to different subdivisions. Singing "ta ke ti na" may seem exotic at firsts, but it's not all that different than counting "1 e & A" except that it proves to be more sophisticated, especially with groupings such as five and seven, in which the Western counting system falls apart. Flatischler's exercises help one discover the character of different subdivisions as opposed to the mere arithmetic involved. The corresponding CD gives relevant examples of the subjects discussed in the book..All are enlightening. -- *Modern Drummer*

#### Language Notes

Text: English (translation)

Original Language: German

#### About the Author

Reinhard Flatischler is a composer, percussionist and pianist and pioneer in the field of creative percussion. He has been a prominent force in introducing Korean and Brazilian percussion into the Western music scene; an ambassador of rhythm both as a performer and teacher. After graduating from Vienna's Academy of Music, Flatischler traveled to the parts of the world where sounds were exotic to his European ear. In India, he studied tabla; in Cuba, he learned the art of Latin American percussion; in Brazil he worked with the major samba schools; in Korea he was initiated into the secrets of shamanic music in a profoundly personal way. Since then, he has been developing and implementing TA KE TI NA, an educational process that creates rhythm consciousness through the interaction of feet, hands and voice. It is now used worldwide in therapy centers and music schools. He is the founder of Megadrums, a dynamic global percussion project which units individual percussionists from all continents.

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**Elijah McWhorter:**

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