



Emotional Sigma: The 8 Step Process To Emotionally Intelligent Leadership

By Mr Andrew Milivojevich

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Emotional Sigma - The 8 Step Process to Emotionally Intelligent Leadership
Use the Discipline of Six Sigma to Improve Emotional Intelligence and Enhance Leadership

Driving initiatives that yield positive business outcomes - faster - is the goal of every leader. Unfortunately, initiatives don't drive themselves. Leaders must communicate goals, get buy-in, form strong teams and manage people well. To do so, Leaders must use sophisticated skills to understand how people think and feel. They must be emotionally intelligence observers and practitioners.

Emotional Sigma is an 8 step process for executives, managers and business professionals. It uses **Six Sigma** to improve **Emotional Intelligence** so you can lead your teams to better business outcomes faster!

Use this step-by-step guide as your personal coach and learn how to:

- *Recognize the symptoms that suggest positive or negative behavior*
- *Define emotions that create the desired or undesired state*
- *Measure the consequence of acting on emotions*
- *Analyze emotional episodes objectively*
- *Improve the current emotional state*
- *Control emotional outcomes in a positive way*
- *Standardize methods used to manage future emotional episodes*
- *Integrate emotional lessons into the leadership coaching cycle*

Praise for Emotional Sigma

"Emotional Sigma provides a process to make Emotional Intelligence a practical and meaningful reality for career and personal success."

- Ethan Mings, President | The Desk Consulting Group Inc.

"Emotional Sigma presents a methodology for individuals to examine and manage their emotional intelligence. I found myself relating to many of the

workplace situations where emotions have influenced outcomes. I would encourage anyone to embrace their self-awareness and improve their emotional control through the tools presented here!"

- Gail Jordan | Corporate Training Consultant, Conestoga College Institute of Technology and Advanced Learning

DO YOU KNOW YOUR EMOTIONAL SIGMA? TAKE THE FREE 5 MINUTE SURVEY TODAY! DETAILS INSIDE!

About the Author

Andrew Milivojevich is the co-author of **Quality by Experimental Design**. He has also published articles on the subjects of Productivity Improvement, **Leadership**, and Autism. During his career, he served as a Professional Engineer, Statistician, Researchers, and Executive. Andrew is currently the Founder and President of **The Knowledge Management Group Inc.**

Organizations engage Andrew to improve **Productivity** and **Leadership**. He has applied his knowledge to Research, Development, Operations, and Service. Andrew is also a sought after speaker and often quoted in various publications.

Andrew is a fellow of the American Society for Quality (ASQ). He completed his undergraduate studies in engineering at Ryerson Polytechnic University, Canada. Andrew also holds a Master's Degree in Applied Statistics from the College of Engineering, Rochester Institute of Technology, and USA.

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Emotional Sigma: The 8 Step Process To Emotionally Intelligent Leadership By Mr Andrew Milivojevich Bibliography

- Rank: #4795806 in Books
- Brand: Ingramcontent
- Published on: 2016-10-04
- Original language: English
- Dimensions: 8.50" h x .26" w x 5.50" l,
- Binding: Paperback
- 114 pages

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Editorial Review

Review

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