



Resolved: 10 Ways to Stand Strong and Live What You Believe

By Lina AbuJamra

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Ten Practical Resolutions to Stand Strong in the Shifting Sands of Culture

We all face seasons in our lives when our circumstances seem out of our control and all the forces in this world seem against us. We become discouraged and afraid. We are tempted to give up. No matter how strong we claim our faith in God is, when life is hard, it all comes down to *resolve*. Do we really believe what we say we believe? And does what we profess with our lips make it beyond intellectual assent and into our everyday actions?

Both challenging and encouraging, *Resolved* unpacks ten life-impacting resolutions that every follower of Jesus Christ must make in order to stand strong in the shifting sands of our culture. It helps readers who long to exhibit authentic lives understand and eliminate the disconnect between what we say we believe and how we live. And it offers biblical strategies for change that will allow us to stand strong--no matter what.

Endorsement

"AbuJamra challenges us to live out our faith in the real world when things do not go as we wish."--**Gary D. Chapman, PhD**, bestselling author of *The Five Love Languages* and *Love as a Way of Life*

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Editorial Review

From the Back Cover

"In a world that's constantly trying to draw us away from God, Lina points us to the biblical truths we must cling to and believe above all else. What a wonderful resource this book is!"--Lysa TerKeurst, *New York Times* bestselling author and president of Proverbs 31 Ministries

No matter how strong we claim our faith in God is, when life is hard, it all comes down to *resolve*. Do we really believe what we say we believe? And does what we profess with our lips actually show up in our everyday actions? Both challenging and encouraging, *Resolved* unpacks ten life-impacting resolutions every follower of Jesus Christ must make in order to stand strong in the shifting sands of our culture, including

- believe when it looks ridiculous
- love when it's inconvenient
- obey when it's not popular
- speak up when it's easier not to
- and more

If you want your life to boldly declare that God is real and alive and powerful and risen from the dead, *Resolved* will show you how--even when it's hard.

"Jesus told us to come and follow Him. He didn't say it was going to be easy. To do it, we need resolve. I love Lina, and I love this message that is sure to help us break away from a toe-deep, defeated faith to one that rocks our world for Jesus."--**Christine Caine**, author of *Undaunted* and cofounder of the A21 Campaign

"Cultural Christianity promises the 'good life,' but authentic Christian faith remembers the words of Jesus: 'In this world you will have trouble.' Dr. Lina AbuJamra challenges us to live out our faith in the real world when things do not go as we wish. 'Follow me' is still the call of Christ. Anything less is not worthy of the name *Christian*."--**Gary D. Chapman**, PhD, author of *The Five Love Languages* and *Love As a Way of Life*

Lina AbuJamra is a pediatric ER doctor and founder of Living with Power Ministries. She provides biblical truth for everyday life through her popular blog and her speaking ministry, which has taken her all over the world. Her *Living with Power* podcast has more than 150,000 listeners from all over the world. She is the host of *Today's Single Christian*, heard daily on Moody Radio. Connect with Lina at www.livingwithpower.org.

About the Author

Lina AbuJamra is founder of Living with Power Ministries and a sought-after speaker for events such as the Gospel Coalition conference and Willow Creek Church. Her *Living with Power* podcast has more than 150,000 listeners from all over the world. The host of *Today's Single Christian* heard daily on Moody Radio, she also works as an ER pediatrician and does medical missions and humanitarian work in the Middle East.

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