



The Baby Book: Pregnancy, birth, baby & childcare from 0 to 3

By DK

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Now available in paperback, *The Baby Book* is a guide to caring for your child — from pregnancy through age three — that celebrates the joy of being pregnant and of being a parent.

Affirmative, encouraging, and practical, *The Baby Book* provides everything you need to know as a parent — from pregnancy superfoods and labor tips to first check-ups and breastfeeding secrets — while presenting this part of life as something you should celebrate, not fear. This guide includes interesting facts alongside practical advice, following the progress of mom and baby from pregnancy through to the first three years of life.

The Baby Book emphasizes that pregnancy and having a family is a natural and enjoyable part of life, but also "keeps it real." Topics address real-life questions such as, "Do I have to get rid of my cat when I'm pregnant?" and "How do I know when something is wrong with my baby?" Myths are debunked, ideas on how to care for your baby are provided, and advice is given on how to cope when pregnant with a toddler in tow.

The Baby Book is the perfect guide as you welcome and nurture your new bundle of joy.

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Editorial Review

Review

"It's hard to imagine a question that's not answered in this colorful, 320-page, highly navigable reference." – **Chicago Tribune**

"A thick, new tome [that] covers everything from the first trimester of pregnancy to the baby's toddler years." – **Pittsburgh Tribune**

"The breadth of topics makes this a valuable resource." – **The Daily Star**

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