



# Witch in the Kitchen: Magical Cooking for All Seasons

By Cait Johnson

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## Witch in the Kitchen: Magical Cooking for All Seasons By Cait Johnson

A book of recipes, spells, and rituals for celebrating our connection to the Earth and her seasons.

- Redesigned to focus on all eight pagan holidays.
- Includes new spells, rituals, and meditations, as well as 80 vegetarian recipes.
- Written by practicing witch Cait Johnson, coauthor of *Celebrating the Great Mother* (12,000 copies sold).

The beliefs of Wicca are rooted firmly in the earth--in the gradual circling of her seasons and the bounty and blessings she provides. In *Witch in the Kitchen: Magical Cooking for All Seasons*, practicing witch Cait Johnson celebrates the sacred in each season with more than 80 soul-satisfying and appetizing recipes. In engaging and inviting prose, the author provides rituals, spells, and meditations for the eight pagan holidays, inspirations for creating a kitchen altar, and ways to prepare for each season. She offers ideas for decorating your kitchen with objects of power and magic--eggs symbolizing fertility in spring, dried orange slices as reminders of the sun in mid-winter--to align our bodies, spirits, and senses to the pace and mood of the Earth's changes. Above all are the recipes for delicious, sensuous salads, soups, main dishes, and desserts made from ingredients in tune with the Earth's seasonal gifts. Serve Stuffed Acorn Squash and Fig-Apple Crumble at a Samhain gathering; celebrate Winter Solstice with Pomander Salad and Savory Yuletide Pie; welcome Imbolc with Sprouted Spring Salad and Magic Isle Pasties; or share the harvest at Lughnasad with Spicy Stir-Fried Greens and Sunny Peach Pie. With its recipes, rituals, and reminders of our ancient connections to the seasons, *Witch in the Kitchen* invites you to honor yourself and the Earth and delight in the magic that comes from sharing good food with good company.

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### Editorial Review

#### Review

"With a rich and nourishing mix of recipes, rituals, meditations, poetry, and down-home passion for the earth, Cait Johnson welcomes us into the Great Archetypal Kitchen and invites us to make it our own. Here we cook and dream, make love and feast. Here, at last, we are encouraged to play--and pray--with our food." (*Elizabeth Cunningham, author of The Return of the Goddess: A Divine Comedy*)

"Our culture may well have lost the spiritual connection with food and cooking. *Cooking Like a Goddess* reconnects us with the 'Goddess Way' of our ancestors - a way of life in which food is a gift from the body of our sacred Mother Earth. Food again becomes something holy." (*Hearth Fire*)

"The subtlety of this book is exactly what it's all about. After reading it, no one will ever look at food preparation the same way again. The writing itself is poetic, magical and personally inspiring. The rituals and meditations suggested will give you a grateful appreciation and conscious awareness of kitchen magic." (*The Beltane Papers*)

"*Cooking Like a Goddess* is a vegetarian cookbook, and much, much more. This is a text for sacred living. . . . Overflowing with treasures. Highly recommended." (*SageWoman, 1997*)

"More than just a cookbook, Johnson has created a primer on how to work with food and kitchen energy in a holistic spiritually satisfying way. She starts with a 35-page ode to the magic of the kitchen altars, cleaning, even how to make a kitchen goddess apron. And then she gets right down to it--the recipes. Organized by season, her year (like the Witches' Year) starts in Autumn. Each season contains meditations, ideas for ritual, decorations, as well as the luscious recipes. First-rate, through and through, with the gentle touch of a truly gifted priestess--and a talented cook. Recommended." (*Anne Newkirk Niven, SageWoman, Winter '00 - '01*)

"A magical tome that explores cooking as a nourishing spiritual practice." (*PJ Birosik, Nexus, July/August 2002*)

"In her latest book, author Cait Johnson shows us how to reclaim our kitchens and reconnect with our ancestors. . . . I highly recommend it." (*Ayden Delacroix, In the Library Reviews, Dec 2005*)

"... these are vegetarian and vegan recipes, and thus may seem to be restricted in their appeal - Wrong! Even for those of us who are omnivorous, the appearance of a new side dish can enhance our dining experience. Then, there are the recipes for the beverages (both alcoholic and non-alcoholic) which also appear within the covers of this book. There absolutely is something for everyone here." (*Michael Gleason, Independent Reviewer, August 2011*)

#### From the Back Cover

#### WICCA / COOKING

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In engaging and inviting prose, the author provides rituals, spells, and meditations for the eight pagan holidays, inspirations for creating a kitchen altar, and ways to prepare for each season. She offers ideas for decorating your kitchen with objects of power and magic--eggs symbolizing fertility in spring, dried orange slices as reminders of the sun in midwinter--to align our bodies, spirits, and senses to the pace and mood of Earth's changes. Above all are the recipes for delicious, sensuous salads, soups, main dishes, and desserts made from ingredients in tune with Earth's seasonal gifts. Serve Stuffed Acorn Squash and Fig-Apple Crumble at a Samhain gathering; celebrate Winter Solstice with Pomander Salad and Savory Yuletide Pie; welcome Imbolc with Sprouted Spring Salad and Magic Isle Pasties; or share the harvest at Lughnasad with Spicy Stir-Fried Greens and Sunny Peach Pie. With its recipes, rituals, and reminders of our ancient connections to the seasons, *Witch in the Kitchen* invites you to honor yourself and the Earth and delight in the magic that comes from sharing good food with good company.

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#### About the Author

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## Users Review

### From reader reviews:

#### Sheila Gallagher:

Information is provisions for folks to get better life, information presently can get by anyone from everywhere. The information can be a information or any news even a huge concern. What people must be consider when those information which is within the former life are challenging be find than now could be taking seriously which one is acceptable to believe or which one the resource are convinced. If you obtain the unstable resource then you obtain it as your main information there will be huge disadvantage for you. All of those possibilities will not happen within you if you take *Witch in the Kitchen: Magical Cooking for All Seasons* as your daily resource information.

#### Jose Campbell:

Hey guys, do you wishes to finds a new book you just read? May be the book with the subject *Witch in the Kitchen: Magical Cooking for All Seasons* suitable to you? Often the book was written by well known writer in this era. Often the book untitled *Witch in the Kitchen: Magical Cooking for All Seasons* is the one of several books this everyone read now. That book was inspired many men and women in the world. When you read this guide you will enter the new way of measuring that you ever know before. The author explained their strategy in the simple way, thus all of people can easily to recognise the core of this publication. This book will give you a wide range of information about this world now. To help you see the represented of the world in this book.

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#### **Adam Youngblood:**

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