



# Judo for Mixed Martial Arts: Advanced Throws, Takedowns, and Ground Fighting Techniques

By Karo Parisyan, Erich Krauss, Glen Cordoza

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## Editorial Review

### About the Author

**Karo Parisyan** is a black belt in Judo and Brazilian Jiu-Jitsu. He is currently a fighter in the Ultimate Fighting Championship.

**Erich Krauss** is a professional Muay Thai kickboxer who has trained and competed in Thailand. He has written or co-authored fifteen books, including *Wrestling for Fighting: The Natural Way*.

**Glen Gordoza** is a professional mixed martial arts fighter and co-author of *Mixed Martial Arts: The Book of Knowledge*.

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