



Healing the Hurting Soul: Revised Edition

By Louis Wynne

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Louis Wynne is a psychologist in independent practice, and former clinical director of the New Mexico State Hospital. He presents in this book, which was favorably reviewed by New York Times best-selling author, Ellen Tanner Marsh, an empowering alternative to the western world's infatuation with psychiatric diagnoses and their chemical cures. In a radical departure from psychiatric disease-mongering and the wholesale drugging of family members, this book demonstrates convincingly that so-called mental illnesses, from ADHD to schizophrenia, are not illnesses at all. The unwanted, bizarre, and distressing behaviors that we see are actually the results of triangulated family processes, unrecognized by family members, that in many cases have existed for two or three generations. This manual portrays all the members of the family, including the black sheep, as moral agents, trying to do the best they can in the face of trauma, secrecy, and unspoken family rules.

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