



# 150+ Screen-Free Activities for Kids: The Very Best and Easiest Playtime Activities from FunAtHomeWithKids.com!

By Asia Citro

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## 150+ Screen-Free Activities for Kids: The Very Best and Easiest Playtime Activities from FunAtHomeWithKids.com! By Asia Citro

Bring back playtime, all the time!

Dive into a Bubbling Swamp World. Drum on an Outdoor Sound Wall. Explore the gooeyness of Glowing Slime.

With the one-of-a-kind projects in *150+ Screen-Free Activities for Kids*, your family will rediscover the spirit of imaginative play! These fun activities help develop your child's creativity and skills--all without a screen in sight. Featuring step-by-step instructions and beautiful photographs, each budget-friendly project will keep your child entertained, engaged, and learning all day long. Best of all, no one will complain about turning off the TV or computer with such entertaining activities as:

- Natural Dye Fingerprints
- Taste-Safe, Gluten-Free Playdough
- Erupting Volcano Dinosaur World
- Fizzy Rainbow Slush
- Taste-Safe Glow Water

Complete with dozens of ideas for babies, toddlers, and school-aged children, *150+ Screen-Free Activities for Kids* will help your family step away from your devices and step into endless afternoons of playtime fun!

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### Editorial Review

#### Review

"150+ Screen-Free Activities for Kids will take you back to a time before Minecraft when giggles didn't require an iTunes password. Chock-full of brilliant but simple ideas, this is a must-have for parents."

--Bunmi Laditan, founder of *TheHonestToddler.com* and author of *The Honest Toddler: A Child's Guide to Parenting*

"This book will help you and your child reconnect with each other, with the world, and with the present."

--Dr. Michael Rich, "The Mediatrixian," founder and director, Center on Media and Child Health, Boston Children's Hospital

"The sticky, soapy, bubbly world of 150+ Screen-Free Activities for Kids is absolutely magical. We go bananas for the creativity that oozes from the original projects that Asia creates!"

--Rachel Faucett, founder of *HandmadeCharlotte.com* and mother of five

"Asia Citro's ideas are fresh and fun, and most important to me, always good for thinking, discovering, exploring and creating. This book is a top choice for parents who want their kids to discover the world through their own hands-on experiences."

--MaryAnn F. Kohl, bestselling author of over 20 children's art books

"The more important an activity is for living and learning, the more senses are involved. 150+ Screen-Free Activities for Kids offers simple, attractive, hands-on experiences that integrate many senses, inviting kids to touch and move, see and hear, smell and taste. All children--especially those with sensory processing issues and other special needs--will joyfully get "in sync" with these fun and functional activities!"

--Carol Kranowitz, bestselling author of *The Out-of-Sync Child*

"Something I'm seeing more and more frequently these days is a toddler or young child intensely focused on a screen he is holding. I want to gently take it from his hands and say, "Look up, child! Look at the world around you! That's where life is." That's what Asia is doing: a smart, educated mom who understands what her kids really need and does her best to give it to them. Along the way, through her blog and this book, she is inspiring others to do the same."

--Trish Kuffner, bestselling author of *The Toddler's Busy Book* and *The Preschooler's Busy Book*

"Technology has certainly come a long way in providing kid-friendly programs that capture the attention of today's children but in order to build lasting knowledge about their world, young children need to use all of their senses. Asia has put together a brilliant book of simple ideas that will not only capture the attention of young children, but will also foster critical developmental skills as they use all of their senses to explore, imagine, and create through real world, meaningful, hands-on experiences."

--Deborah J. Stewart, *TeachPreschool.org* and *Ready for Kindergarten!*

"Citro's activities are like nothing we've ever seen before. They combine colors, smells, tastes, and textures that would be irresistible for any child." --Ashton Kutcher, Aplus.com

"With the irresistible fun in...*150+ Screen-Free Activities for Kids* kids...will be clamoring to get their hands on paint and slime instead of the TV remote. If you're looking for the perfect present...pick [it] up." --*Seattle's Child Magazine*

"*150+ Screen-Free Activities for Kids* is a book by Asia Citro that tries to bolster parents' arsenals in the war against screen time by providing a number of simple but fun projects that parents and kids can enjoy together. If you have the time and energy to give even one of these activities a try every week, you'll be doing both your children and yourself a huge favor." --BabyCenter

"*150+ Screen-Free Activities for Kids* provides easy, step-by-step instructions for creating open-ended activities for babies, toddlers, and older children. Whether you're new to sensory play or just looking for some fresh ideas, *150+ Screen-Free Activities for Kids* can help you inspire hours of screen-free fun." --Campaign for a Commercial-Free Childhood

"If you want your kids to enjoy more doing and less watching, get this book." --Boston Mamas

"A refreshing and extensive new book...Citro's activities are multi-sensory and wonderful for getting little hands and minds going, and her book is a great reminder to parents that creating a stimulating exploratory environment for our kids can be inexpensive, simple, and homegrown." --Inihabitots

"Remember childhood before iPads and laptops? It's still there, and it's still fun.... *150+ Screen-Free Activities for Kids* offers doable indoor ideas for children's play, using easily acquired materials." - *The Chicago Tribune*

#### About the Author

Asia Citro has an M.Ed in Science Education and was a classroom science teacher for many years before deciding to stay home full time after the birth of her daughter. She lives near Seattle with her wonderful husband, two awesome children, and two destructive cats. She started writing Fun at Home with Kids in February of 2013 and has since spent many late nights experimenting with new play recipes, sensory materials, and science experiments. She is the author of *150+ Screen-Free Activities for Kids*, *The Curious Kid's Science Book*, *A Little Bit of Dirt*, and the chapter book series *Zoey and Sassafras*. Her work has been featured on *Apartment Therapy*, *The Chicago Tribune*, *Today*, *Disney Baby*, *MSN*, *King 5 TV*, and *Highlights*, among others. To read about her most recent late night discoveries or to see more photos of her adorable kids at play, visit [FunAtHomeWithKids.com](http://FunAtHomeWithKids.com).

## Users Review

### From reader reviews:

#### Gregory Throop:

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possible to know everything if you like available and read a guide 150+ Screen-Free Activities for Kids: The Very Best and Easiest Playtime Activities from FunAtHomeWithKids.com!. Kinds of book are a lot of. It means that, science publication or encyclopedia or other people. So , how do you think about this guide?

**Richard Harden:**

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**David Perrin:**

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**Morgan Johnson:**

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