



Hard Facts About Soft Machines: The Ergonomics Of Seating

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Although work furniture has had so much more attention recently there is a long way to go before this is translated into action in the wider world. Increased international concern for the health and safety of people at work is one of the driving forces behind this book.; The Science of Seating brings together researchers in ergonomics and posture with industrial designers, to review and assess the current state of chair design, with implications for cultural, behavioural and occupational aspects of health. The contributions are a significant step in the science of seating and should lead to a better understanding of the mechanics, dynamics and the effects of seating on the sitter.; They point to ways in which seats might become easier-to-use and adjust, offering both comfort and postural support without compromising freedom of movement: and in the not-too-distant future, "the intelligent chair" will "remember" the sitter's preferences for position, cushioning and so on.; Topics covered include: Adjustability, Anthropometrics, Posture, Back Pain, Biomechanics, Seat Pressure Distributions, School children, Special Needs of Users, Design Applications, Industry Perspectives, VDT Standards.; It is aimed at researchers and practising seating designers, ergonomists, design engineers, occupational health workers and physiotherapists and furniture manufacturers.

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